

THE PEPTIDE GUIDE

EDUCATION. PREPARATION. PROTOCOLS.



ENERGY



REPAIR



GUT



BEAUTY



BRAIN



LONGEVITY

RESEARCH. EDUCATION. LONGEVITY.

SUPER FUEL

YOUR LIFE



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SUPER FUEL
— YOUR LIFE —

HOW TO STORE YOUR PEPTIDES

— SIMPLE STORAGE MADE EASY —



WHEN IT ARRIVES

Your peptide
comes as a
freeze dried vial.



SHIPPING

The dry vial can
stay out for about
2 weeks while
it ships.



NOT USING IT YET?

Keep the freeze
dried vial in
your freezer.



AFTER BAC WATER

Once you add
BAC water, keep
it in the fridge.



HOW LONG DOES IT LAST?

Most mixed
peptides usually
last about 30 to
60 days in
the fridge.



BEST PRACTICE

Use your mixed peptide within 30 days
when you can.



HOW TO RECONSTITUTE YOUR PEPTIDE

— A SIMPLE, SAFE VISUAL GUIDE —



Each peptide has its own reconstitution instructions.
Always check the individual How to Use card for your specific peptide.



EXAMPLE
SHOWN:
2 mL

1



CLEAN

Wipe the tops
of both vials.

2



DRAW

Draw up 2 mL
of BAC water.

3



ADD SLOWLY

Let the water run down
the inside wall of
the vial.

4



GENTLY MIX

Swirl gently.
Do not shake.



EXAMPLE ONLY

This page shows an example using 2 mL of BAC water.
Your peptide may use a different amount.



AFTER MIXING

Store your peptide in the fridge.



UNDERSTANDING YOUR 1 mL SYRINGE



A SIMPLE GUIDE TO UNITS



1 mL SYRINGE

HOLDS 100 UNITS TOTAL



UNITS = VOLUME

UNITS TELL YOU HOW MUCH
LIQUID IS IN THE SYRINGE



THIS IS A

1 mL syringe.
It holds 100
units total.



HALFWAY IS

50 units.
Half of the
syringe.



SMALL LINES

In between the
numbers help
you count.



THE BOTTOM BIG LINE IS

100 units.
The full 1 mL.



THE NUMBERS

Show the units
of liquid.
Each big number
equals 10 units.



UNITS MEASURE

The volume of
liquid in the
syringe.



IMPORTANT

On this page, we are
only learning the
unit lines.



Dosage calculations
come in the next
step of your journey.

1



WASH

Wash your
hands
thoroughly.

2



PREPARE

Gather your
vial, syringe &
supplies.

3



LEARN

Understand
your units.

4



PROCEED

Continue to
dosage &
reconstitution.



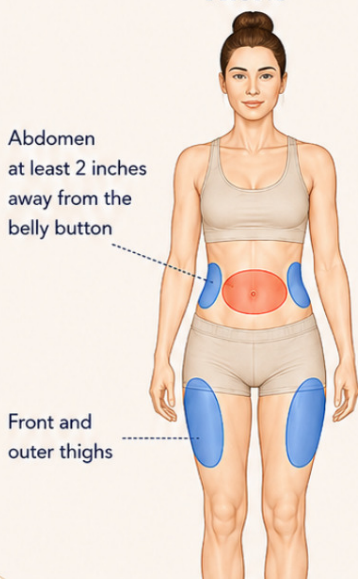
Peptide Injection Guide

Female Site Rotation

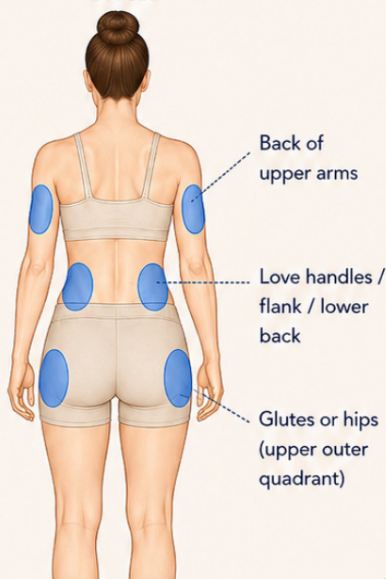
Simple and clear

● Blue = good places to inject ● Red = places to avoid

FRONT



BACK



1. Where to inject

Use the blue areas.
Rotate sites every time
and switch spots.



2. Do not inject

- ⊗ Bruises
- ⊗ Scars
- ⊗ Lumps or hardened areas
- ⊗ Red or tender skin
- ⊗ The exact same spot over and over



3. Best practices

- ✓ Wash your hands
- ✓ Clean the skin
- ✓ Let alcohol dry
- ✓ Rotate every time
- ✓ Do not rub after



These are suggested areas only.
Every body is different. Follow personal guidance if you have it.



Educational guide



Research use only

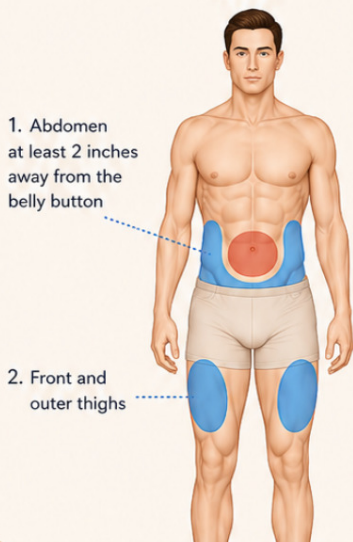
Peptide Injection Guide

Male Site Rotation

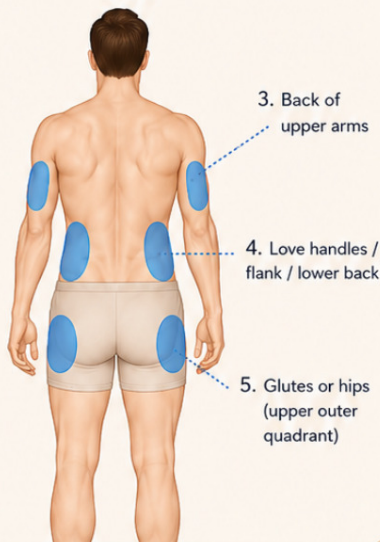
Simple and clear

● Blue = good places to inject | ● Red = places to avoid

FRONT



BACK



1. Where to inject

Use soft tissue areas and switch spots each time.



2. Do not inject

- ⊗ Bruised skin
- ⊗ Scars
- ⊗ Lumps or hardened areas
- ⊗ Red or tender skin
- ⊗ The exact same spot over and over



3. Best practices

- ✓ Wash your hands
- ✓ Clean the skin
- ✓ Let alcohol dry
- ✓ Rotate every time
- ✓ Do not rub after



Good to know

These are suggested areas only.
Every body is different. Follow personal guidance if you have it.



Educational guide



Research use only

Meet the Collection

A quick look at what researchers are exploring.



RETA

Appetite • Metabolism •
Body composition



MOTS-C

Energy • Exercise •
Metabolism



NAD+

Energy • Clarity •
Repair



BPC-157

Gut • Recovery •
Repair



TB-500

Mobility • Recovery •
Repair


CONTINUE EXPLORING →

Research interests only. No results are guaranteed.

More to Explore

Every product has its own story.



5 Amino IMQ



Metabolism • Energy •
Body composition



KPV



Gut • Skin • Inflammation



GHK-CU



Skin • Collagen • Repair



GHK-CU Topical



Firmness • Hydration • Radiance



Each product has its own research
and instructions.

Let's explore them one at a time.



Research interests only. No results are guaranteed.

SUPER FUEL
— YOUR LIFE —

GHK-CU TOPICAL CREAM

**1% COPPER PEPTIDE
BEAUTY SUPPORT**

240 mL



FIRMER-LOOKING SKIN

- Supports the look of smooth, healthy skin.



SOFTER-LOOKING LINES

- Helps soften the look of fine lines.



HYDRATION + COMFORT

- Helps skin feel soft, hydrated and cared for.



VISIBLE RADIANCE

- Supports fresh, healthy-looking glow.



**THE BEAUTY OF GHK-CU.
WITHOUT THE NEEDLE.**

A simple topical option for people who want
GHK-CU beauty support without an injection.

FOR TOPICAL USE ONLY.



SUPERFUEL
— YOUR LIFE —

WHY CHOOSE TOPICAL?

LOVE GHK-CU. NOT THE STING?



GHK-CU injections can cause strong burning, stinging or a red mark for some people.



SKIP THE INJECTION

Topical use avoids injection-related burning, needles and red marks.



SIMPLE DAILY CARE

Apply directly to the skin as part of a morning and evening routine.



PROMISING EARLY RESEARCH

In one small study, increased collagen was seen in:

70%
GHK-CU

50%
VITAMIN C

40%
RETINOIC ACID



THE BEAUTY OF GHK-CU. WITHOUT THE NEEDLE.

Results can be different for everyone.

FOR TOPICAL USE ONLY



SUPERFUEL
— YOUR LIFE —

WHAT'S INSIDE?

MORE THAN A COPPER PEPTIDE CREAM.



1% GHK-CU

BEAUTY SUPPORT

Supports firmer-,
smoother- and
healthier-looking skin.



INULIN + HYALURONIC ACID

LASTING HYDRATION

Help the skin hold
moisture and feel
hydrated.



AMINO ACIDS + PCA + UREA

MOISTURE SUPPORT

Help replace parts of
the skin's natural
moisture system.



GLYCERIN + ALLANTOIN

SOFTNESS + COMFORT

Help hydrate, soften
and soothe the feel
of skin.



WHY THE LARGE 240 mL BOTTLE?

Made for more than a tiny face routine—
use it wherever your skin needs
beauty support.

PEPTIDE-POWERED MOISTURE. HEAD-TO-TOE VALUE.

FOR TOPICAL USE ONLY.



SUPER FUEL
— YOUR LIFE —

HOW TO USE GHK-CU TOPICAL



SUGGESTED USE
MORNING + EVENING

1

1. START CLEAN

Apply to clean,
dry skin.



2

2. MORNING

Massage into the areas
you want to support.



3

3. EVENING

Apply again at night
for a simple routine.



4

4. FACE OR BODY

Use on chosen areas
or as broader
body care.



START SLOW

If your skin is
sensitive, begin
once daily and
assess how
it feels.



CONSISTENCY MATTERS

Simple daily care
supports the
best-looking
routine over time.



GOOD TO KNOW

Stop if irritation
is severe or
unusual.



WHAT TO EXPLORE NEXT



GHK-CU INJECTABLE — collagen and repair research



NAD+ — energy and healthy aging research



RETA — appetite and metabolic research

THE BEAUTY OF GHK-CU. WITHOUT THE NEEDLE.

FOR TOPICAL USE ONLY.



SUPERFUEL
— YOUR LIFE —

RETATRUTIDE (RETA)



LESS FOOD NOISE

- Helps quiet constant thoughts about food so you can feel more in control.



APPETITE SUPPORT

- Supports natural fullness and can help reduce cravings.



BODY COMPOSITION

- Studied for supporting lean muscle while helping the body use stored fat for fuel.



METABOLIC HEALTH

- Studied for supporting healthy blood sugar, insulin sensitivity and overall metabolic function.



- For adults over 40 who feel like their metabolism has slowed down, cravings are louder, and managing weight is harder than it used to be.



**RETA IS BEING STUDIED TO
HELP YOU TAKE BACK CONTROL.**





SUPERFUEL
— YOUR LIFE —

WHAT IS RETATRUTIDE (RETA)?

RETA is being studied because it may help the body with three things at the same time.



FEEL FULLER

May help you feel satisfied with less food.



QUIETER FOOD THOUGHTS

May help turn down cravings and constant thoughts about food.



USE ENERGY DIFFERENTLY

May change how the body uses food and stored energy.



THREE TYPES OF SUPPORT. ONE PEPTIDE BEING STUDIED.



WHAT RESEARCHERS ARE SEEING



Weight loss



Smaller waist size



Less food noise



Better blood sugar numbers



Healthier body composition



WHAT TO REMEMBER



RETA is still being studied.



It is not approved for medical use.



Results can be different for everyone.



This page is for education only.
It is not medical advice.



FOR RESEARCH PURPOSES ONLY.
Not for human consumption.



SUPERFUEL
— YOUR LIFE —

HOW TO USE RETATRUTIDE (RETA)



YOUR VIAL

Retatrutide (RETA)
10 mg.
Lyophilized peptide.

**For research
use only.**



RECONSTITUTE

Add 2 mL BAC water
to the vial.
This gives you
5 mg per mL.



YOUR SYRINGE

Use a 1 mL syringe
(100 units).
Each unit = 0.05 mg.
Example: 10 units = 0.5 mg;
20 units = 1.0 mg.

SUGGESTED PROTOCOL (BEGINNER APPROACH)

WEEK 1–2	2 units per dose (0.1 mg)
WEEK 3–4	4 units per dose (0.2 mg)
WEEK 5–6	5–6 units per dose (0.25–0.30 mg)

This is a conservative,
low and slow approach.
Adjust only based on how you feel.
Less can be more.

WEEKLY RHYTHM (PICK 2 DAYS)

MON



TUE



WED



THU



FRI



SAT



SUN



Suggested rhythm:
Monday & Thursday.

Choose two days
with space
between them.

Keep the same
rhythm each week.



SLOW IS STILL PROGRESS.

How you feel matters
more than speed.



STORAGE

Keep reconstituted vials in
the refrigerator (2–8°C /
36–46°F). **Do not freeze.**



IMPORTANT

This is an educational guide,
not medical advice.
Always consult your provider.

EXPLORE WHAT'S NEXT



MOTS-C — energy and
cellular metabolism



NAD+ — cellular energy,
repair and longevity



SOURCE — hydration,
minerals and
metabolic function



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MOTS-C

SUPPORT YOUR ENERGY
FROM THE INSIDE.



STEADY ENERGY

Some research shows MOTS-C may support how your cells make and use energy.



WORKOUT SUPPORT

Studied for helping the body handle exercise and recover.



METABOLIC SUPPORT

Some research shows it may help the body use fuel and support healthy blood sugar.



HEALTHY AGING

Studied for supporting the tiny energy makers inside your cells as you age.



For adults over 40 who feel more tired, workouts feel harder, recovery is slower, or who simply want an extra edge.



ENERGY STARTS
INSIDE YOUR CELLS.



SUPERFUEL
— YOUR LIFE —

WHAT IS MOTS-C?



MOTS-C is being studied because it may help the tiny energy makers inside your cells work better.



MAKE ENERGY

May help your cells turn food into energy.



USE FUEL

May help the body use sugar and fat for fuel.



SUPPORT YOUR ENERGY MAKERS

Some research shows it may help repair and support the parts of your cells that make energy.



**BETTER ENERGY SUPPORT
STARTS INSIDE YOUR CELLS.**



WHAT RESEARCHERS ARE SEEING



Better energy use



Exercise support



Healthier blood sugar response



Metabolic support



Healthy aging support



WHAT TO REMEMBER



MOTS-C is still being studied.



It is not approved for medical use.



Results can be different for everyone.



This page is for education only.
It is not medical advice.



FOR RESEARCH PURPOSES ONLY.
Not for human consumption.



SUPERFUEL
— YOUR LIFE —

HOW TO USE MOTS-C



YOUR VIAL

MOTS-C 20 mg.
Lyophilized peptide.

**For research
use only.**

EVERY-OTHER-DAY RHYTHM



USE

REST

USE

REST

Use in the morning.



START SLOW.

Some research shows
MOTS-C may support energy
while also helping your cells'
energy makers repair.



RECONSTITUTE

Add 2 mL BAC water.
This gives you
10 mg per mL.



STORAGE

Keep mixed vials in the
refrigerator (2–8°C / 36–46°F).
Do not freeze.



YOUR SYRINGE

Use a 1 mL syringe
(100 units).
Each unit = 0.1 mg.



GOOD TO KNOW

A brief sting or small red mark
can happen. If it is severe or
does not settle, get medical
advice.



IMPORTANT

Educational guide only.
Always consult your provider.

SUGGESTED PROTOCOL

START LOW

WEEKS 1–2	3 units every other day (0.3 mg)
WEEKS 2–4	5–6 units every other day (0.5–0.6 mg)
WEEKS 4–5	Up to 10 units every other day (1.0 mg)

Listen to your body.
Going too fast may leave you
feeling tired. **Less can be more.**

EXPLORE WHAT'S NEXT



NAD+ — cellular energy
and healthy aging



RETA — appetite and
metabolic research



SOURCE — hydration
and minerals



FOR RESEARCH PURPOSES ONLY. Not for human consumption.

NAD+

**SUPPORT YOUR ENERGY,
CLARITY AND REPAIR.**



CELLULAR ENERGY

Some research shows
NAD+ may support how
your cells make energy.



CLEARER THINKING

Studied for supporting
focus and mental clarity.



RECOVERY + REPAIR

NAD+ plays a role in
the body's everyday
repair work.



HEALTHY AGING

Researchers study NAD+
because its levels may
change as we age.



For adults over 40 who feel tired, foggy,
slower to recover, or who simply want an extra edge.



**HELP YOUR CELLS
DO THEIR BEST WORK.**



SUPERFUEL
— YOUR LIFE —

WHAT IS NAD+?

NAD+ is something your cells already use every day.
Researchers study it because it helps with
energy, repair and handling stress.



MAKE ENERGY

Helps your cells
turn food into
usable energy.



SUPPORT REPAIR

Helps with the
everyday repair work
happening inside
your body.



HELP CELLS HANDLE STRESS

May help your cells
keep working when
life is demanding.



**NAD+ HELPS YOUR CELLS DO
IMPORTANT DAILY WORK.**



WHAT RESEARCHERS ARE STUDYING



Cellular energy



Focus and mental clarity



Recovery and repair



How cells handle stress



Healthy aging support



WHAT TO REMEMBER



NAD+ is still
being studied.



It is not approved
for medical use.



Results can be
different for everyone.



This page is for education only.
It is not medical advice.



FOR RESEARCH PURPOSES ONLY.
Not for human consumption.



SUPERFUEL
— YOUR LIFE —

HOW TO USE NAD+



YOUR VIAL

NAD+ 500 mg.
Lyophilized peptide.

**For research
use only.**

WEEKLY RHYTHM

3–4 MORNINGS

MON

TUE

WED

THU

FRI

SAT

SUN

(OPTIONAL)

Morning is suggested because
NAD+ may support energy.



GOOD TO KNOW

Taking too much too soon may
cause a flushing feeling.
If it feels severe or does not
settle, get medical advice.



STORAGE

Keep mixed vials in the
refrigerator (2–8°C / 36–46°F).
Do not freeze.



30-DAY NOTE

Strength may weaken after
30 days. If the liquid ever
looks cloudy, do not use it.



IMPORTANT

Educational guide only.
Always consult your provider.



MOTS-C — energy and
exercise support



RETA — appetite and
metabolic research



GHK-CU — repair and
healthy aging research



RECONSTITUTE

Add 5 mL BAC water.
This gives you
100 mg per mL.



YOUR SYRINGE

Use a 1 mL syringe
(100 units).
Each unit = 1 mg.

SUGGESTED PROTOCOL

LOW AND SLOW

START	20 units, 3–4 times per week (20 mg)
BUILD SLOWLY	Work up toward 60 units, 3–4 times per week (60 mg)
AFTER 4 WEEKS	Maintenance: 30–40 units, 3–4 times per week (30–40 mg)

Start lower than you think.
NAD+ can feel intense
if you go too fast.

FOR RESEARCH PURPOSES ONLY. Not for human consumption.

BPC-157

**SUPPORT RECOVERY
FROM THE INSIDE.**



RECOVERY SUPPORT

• Researchers are studying BPC-157 for its possible role in the body's repair process.



GUT SUPPORT

• Studied for supporting the stomach and digestive system.



TENDONS + LIGAMENTS

• Some research looks at how it may support tendons and ligaments.



INFLAMMATION SUPPORT

• Researchers are studying how it may support a healthy inflammation response.



For anyone exploring recovery, gut support,
or an extra recovery edge.

**RECOVERY TAKES TIME.
SUPPORT STARTS WITHIN.**





SUPERFUEL
— YOUR LIFE —

WHAT IS BPC-157?

BPC-157 is being studied because it may help the body protect and repair damaged areas.



SUPPORT REPAIR

May support the body's natural repair work.



SUPPORT THE GUT

Researchers study it for the stomach and digestive system.



SUPPORT RECOVERY

May support tendons, ligaments and other tissues during recovery.



THREE TYPES OF SUPPORT. ONE PEPTIDE BEING STUDIED.

WHAT RESEARCHERS ARE STUDYING

- Recovery and repair
- Gut support
- Tendons and ligaments
- Healthy inflammation response
- Tissue repair

WHAT TO REMEMBER

- BPC-157 is still being studied.
- It is not approved for medical use.
- Results can be different for everyone.



This page is for education only.
It is not medical advice.



FOR RESEARCH PURPOSES ONLY



SUPERFUEL
— YOUR LIFE —

HOW TO USE BPC-157



YOUR VIAL

BPC-157 10 mg.
Lyophilized peptide.

**For research
use only.**

WEEKLY RHYTHM

DAILY • EVENING

MON TUE WED THU FRI SAT SUN



WHERE TO INJECT

Always follow the separate
Peptide Injection Guide.

**Do not choose a site based
only on where something hurts.**



STORAGE

Keep mixed vials in the
refrigerator (2–8°C / 36–46°F).

Do not freeze.

Use within about 30 days
when possible.
Do not use if cloudy.



GOOD TO KNOW

Reactions can still happen.
If something feels severe or
unusual, get medical advice.



RECONSTITUTE

Add 2 mL BAC water.
This gives you
5 mg per mL.



YOUR SYRINGE

Use a 1 mL syringe
(100 units).
10 units = 0.5 mg.
20 units = 1 mg.



DAILY ROUTINE

10 units each evening.



SHORT 7-DAY OPTION

Up to 20 units each evening
for 7 days, only with provider
guidance.

EXPLORE WHAT'S NEXT



TB-500 — commonly explored
alongside BPC-157



GHK-CU — collagen and
repair research



KPV — gut and inflammation
research

Educational guide only.
Always consult your provider.

FOR RESEARCH PURPOSES ONLY.

Not for human consumption.

SUPERFUEL
— YOUR LIFE —

TB-500

**SUPPORT THE WAY
YOUR BODY RECOVERS.**



RECOVERY SUPPORT

Researchers are studying TB-500 for its possible role in the body's recovery process.



MOVEMENT + FLEXIBILITY

Studied for supporting easier movement and flexibility during recovery.



MUSCLES + TISSUES

Some research looks at how it may support muscles and other tissues.



TENDONS + LIGAMENTS

Researchers are studying how it may support tendons and ligaments.



For people exploring recovery support—or
looking for an extra edge.

KEEP MOVING. KEEP RECOVERING.



FOR RESEARCH PURPOSES ONLY. Not for human consumption.



SUPERFUEL
— YOUR LIFE —

WHAT IS TB-500?

TB-500 is being studied because it may help the body support movement and recovery.



SUPPORT RECOVERY

May support the body's natural recovery work.



HELP YOU MOVE

Researchers study it for movement and flexibility.



SUPPORT TISSUES

May support muscles, tendons and ligaments during recovery.



THREE TYPES OF SUPPORT. ONE PEPTIDE BEING STUDIED.

WHAT RESEARCHERS ARE STUDYING

- Recovery support
- Movement and flexibility
- Muscles and tissues
- Tendons and ligaments
- Repair after activity

WHAT TO REMEMBER

- TB-500 is still being studied.
- It is not approved for medical use.
- Results can be different for everyone.



This page is for education only.
It is not medical advice.





SUPERFUEL
— YOUR LIFE —

HOW TO USE TB-500



YOUR VIAL

TB-500 10 mg.
Lyophilized peptide.

**For research
use only.**

WEEKLY RHYTHM

DAILY • EVENING

MON

TUE

WED

THU

FRI

SAT

SUN



WHERE TO INJECT

Always follow the separate
Peptide Injection Guide.

**Do not choose a site based
only on where something hurts.**



STORAGE

Keep mixed vials in the
refrigerator (2–8°C / 36–46°F).

Do not freeze.

Use within about 30 days
when possible.

Do not use if cloudy.



GOOD TO KNOW

Reactions can still happen.
If something feels severe or
unusual, get medical advice.



RECONSTITUTE

Add 2 mL BAC water.

This gives you
5 mg per mL.



YOUR SYRINGE

Use a 1 mL syringe (100 units).

10 units = 0.5 mg.



DAILY ROUTINE

10 units each evening.
Keep the same steady amount,
even during short-term
recovery needs.



EXPLORE WHAT'S NEXT

BPC-157 — commonly explored
alongside TB-500



KPV — gut and inflammation research



MOTS-C — energy and
exercise research

COMMONLY EXPLORED TOGETHER



BPC-157 • GHK-CU • KPV



Educational guide only.
Always consult your provider.



FOR RESEARCH PURPOSES ONLY.
Not for human consumption.


SUPER FUEL
— YOUR LIFE —

KPV

**SUPPORT CALM
FROM THE INSIDE.**



GUT SUPPORT

Researchers are studying KPV for its possible role in supporting the stomach and digestive system.



HEALTHY INFLAMMATION RESPONSE

Studied for helping the body manage its natural inflammation response.



SKIN + IMMUNE SUPPORT

Some research looks at how it may support the skin and immune system.



RECOVERY SUPPORT

Researchers are studying how it may help the body recover and feel more comfortable.



For people exploring gut support and
a calmer whole-body response.

CALM WITHIN. SUPPORT THROUGHOUT.


FOR RESEARCH PURPOSES ONLY. Not for human consumption.



SUPERFUEL
— YOUR LIFE —

WHAT IS KPV?



KPV is being studied because it may help support the gut and the body's natural calming response.



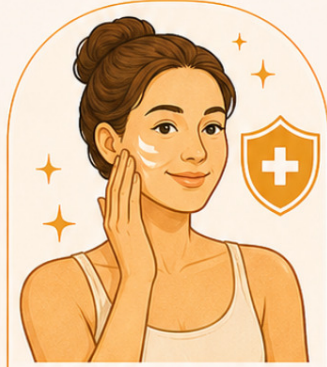
SUPPORT THE GUT

Researchers study it for the stomach and digestive system.



HELP THE BODY FEEL CALM

May support a healthy inflammation response.



SUPPORT SKIN + RECOVERY

May support the skin, immune system and recovery.



THREE TYPES OF SUPPORT. ONE PEPTIDE BEING STUDIED.

WHAT RESEARCHERS ARE STUDYING

-  Gut support
-  Healthy inflammation response
-  Skin support
-  Immune support
-  Recovery and comfort

WHAT TO REMEMBER

-  KPV is still being studied.
-  It is not approved for medical use.
-  Results can be different for everyone.



This page is for education only.
It is not medical advice.



FOR RESEARCH PURPOSES ONLY.



SUPERFUEL
— YOUR LIFE —

HOW TO USE KPV



YOUR VIAL

KPV 10 mg.
Lyophilized peptide.

**For research
use only.**



RECONSTITUTE

Add 2 mL BAC water.
This gives you 5 mg per mL.



YOUR SYRINGE

Use a 1 mL syringe (100 units).
5 units = 0.25 mg.
8 units = 0.4 mg.
10 units = 0.5 mg.

START SLOW

- 1
- 2
- 3

WEEKS 1–2

5 units each evening.

WEEKS 3–4

8 units each evening.

WEEKS 5–6

10 units each evening.

EXPLORE WHAT'S NEXT



BPC-157 — gut and recovery research



TB-500 — movement and recovery research



RETA — appetite and metabolic research

WEEKLY RHYTHM

DAILY • EVENING

MON

TUE

WED

THU

FRI

SAT

SUN



WHERE TO INJECT

Always follow the separate
Peptide Injection Guide.

**Do not choose a site based
only on where something hurts.**



STORAGE

Keep mixed vials in the
refrigerator (2–8°C / 36–46°F).

Do not freeze.

Use within about 30 days
when possible.

Do not use if cloudy.



GOOD TO KNOW

Reactions can still happen.
If something feels severe or
unusual, get medical advice.

COMMONLY EXPLORED TOGETHER

GHK-CU • BPC-157 • TB-500



Educational guide only.
Always consult your provider.



FOR RESEARCH PURPOSES ONLY.

Not for human consumption.

SUPER FUEL
— YOUR LIFE —

GHK-CU

**SUPPORT HOW YOU LOOK.
SUPPORT HOW YOU FEEL.**



COLLAGEN + SKIN

Researchers are studying GHK-CU for its possible role in collagen and healthy-looking skin.



HAIR SUPPORT

Some research looks at how it may support stronger, healthier-looking hair.



TISSUE REPAIR + RECOVERY

Studied for supporting the body's natural repair and recovery work.



HEALTHY AGING

Researchers study how it may support graceful aging from the inside out.



For anyone who wants to age gracefully—
in how they feel and how they look.

BEAUTY WITHIN. STRENGTH THROUGHOUT.

FOR RESEARCH PURPOSES ONLY. Not for human consumption.

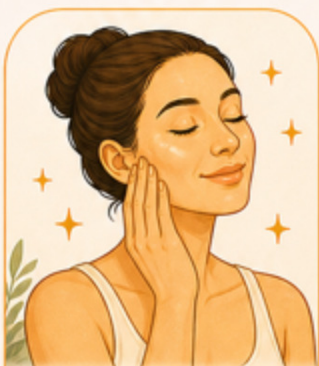


SUPERFUEL
— YOUR LIFE —

WHAT IS GHK-CU?



GHK-CU is being studied because it may help support collagen, skin, hair and the body's repair work.



SUPPORT SKIN

May support collagen and healthy-looking skin.



SUPPORT HAIR

Researchers study it for stronger, healthier-looking hair.



SUPPORT REPAIR

May support tissues, recovery and healthy aging.



THREE TYPES OF SUPPORT. ONE PEPTIDE BEING STUDIED.

WHAT RESEARCHERS ARE STUDYING

-  Collagen support
-  Healthy-looking skin
-  Hair support
-  Tissue repair
-  Recovery and healthy aging

WHAT TO REMEMBER

-  GHK-CU is still being studied.
-  It is not approved for medical use.
-  Results can be different for everyone.



This page is for education only.
It is not medical advice.



FOR RESEARCH PURPOSES ONLY



SUPERFUEL
— YOUR LIFE —

HOW TO USE GHK-CU



YOUR VIAL

GHK-CU 100 mg.
Lyophilized peptide.

**For research
use only.**



RECONSTITUTE

Add 3 mL BAC water.
This gives you about 33.3 mg per mL.



YOUR SYRINGE

Use a 1 mL syringe (100 units).
2.5 units = about 0.83 mg.

1

START SLOW

Begin with 2.5 units each evening.
Assess how the injection feels.
Do not rush upward.

2

3



IMPORTANT

GHK-CU injections may cause
strong burning, stinging or a red mark.
**If it is severe, stop and
get medical advice.**



EXPLORE WHAT'S NEXT

RETA — appetite and metabolic research
NAD+ — energy and healthy aging research
KPV — gut and inflammation research



Educational guide only.
Always consult your provider.

WEEKLY RHYTHM

DAILY • EVENING

MON

TUE

WED

THU

FRI

SAT

SUN



WHERE TO INJECT

Always follow the separate
Peptide Injection Guide.

**Do not choose a site based
only on where something hurts.**



STORAGE

Keep mixed vials in the
refrigerator (2–8°C / 36–46°F).

Do not freeze.

Use within about 30 days
when possible.

Do not use if cloudy.



TOPICAL OPTION

If injections are too uncomfortable,
consider the GHK-CU
Topical Cream.

FOR RESEARCH PURPOSES ONLY. Not for human consumption.

— NEW SECTION —

BETTER TOGETHER



PEPTIDE COMBINATIONS BY GOAL

Different peptides are studied for different kinds of support.
See how their research roles can fit together.



RECOVERY • BEAUTY • GUT • ENERGY • RENEWAL

— EXPLORE THE COMBINATIONS —



Research combinations only. Results may vary.


SUPER FUEL
— YOUR LIFE —

— BETTER TOGETHER —

RECOVERY DUO


BPC-157 + TB-500

SUPPORT RECOVERY FROM MORE THAN ONE ANGLE.



BPC-157
GUT + TISSUE SUPPORT
Studied for supporting
the gut and the body's
repair work.



TB-500
MOVEMENT + RECOVERY
Studied for supporting
movement, flexibility
and recovery.

WHY TOGETHER?

One focuses on repair support. The other adds
movement and whole-body recovery research.


RECOVER. REBUILD. KEEP MOVING.

Research combination only. Results may vary.

FOR RESEARCH PURPOSES ONLY. NOT FOR SALE IN THE U.S.

SUPER FUEL
— YOUR LIFE —

— BETTER TOGETHER —

BEAUTY FROM WITHIN

— **GHK-CU + NAD+** —

SUPPORT GRACEFUL AGING FROM THE INSIDE.



GHK-CU



COLLAGEN + REPAIR

Studied for skin, hair,
collagen and
tissue support.



NAD+

ENERGY + HEALTHY AGING

Studied for cellular energy,
repair and
healthy aging.



WHY TOGETHER?

One supports beauty and repair research.
The other supports the energy cells use every day.

FEEL RENEWED. LOOK RADIANT.

Research combination only. Results may vary.

FOR RESEARCH PURPOSES ONLY. Not for human consumption.

SUPER FUEL
— YOUR LIFE —

BETTER TOGETHER

GUT CALM TRIO

KPV + BPC-157 + GHK-CU

THREE RESEARCH PATHS. ONE CALMER GOAL.



KPV
GUT + CALM



BPC-157
GUT + REPAIR



GHK-CU
COLLAGEN + TISSUES



WHY TOGETHER?

Each peptide brings a different kind of support to gut, inflammation and tissue research.

CALM WITHIN. SUPPORT THROUGHOUT.

Research combination only. Results may vary.

FOR RESEARCH PURPOSES ONLY. Not for human consumption.

 **BETTER TOGETHER** 

METABOLIC EDGE

RETA + MOTS-C + NAD+



SUPPORT APPETITE, ENERGY AND EVERYDAY DRIVE.



RETA

APPETITE + METABOLIC



MOTS-C

MOVEMENT + ENERGY



NAD+

CELLULAR ENERGY



WHY TOGETHER?

Three different research areas connect around appetite, energy use and healthy metabolism.

 **FUEL YOUR NEXT MOVE.** 

Research combination only. Results may vary.

FOR RESEARCH PURPOSES ONLY. Not for human consumption.

SUPER FUEL
— YOUR LIFE —

BETTER TOGETHER

TOTAL RECOVERY STACK

BPC-157 + TB-500 + GHK-CU

REPAIR. MOVEMENT. COLLAGEN.



BPC-157
GUT + TISSUE



TB-500
MOVEMENT +
RECOVERY



GHK-CU
COLLAGEN +
REPAIR



WHY TOGETHER?

Three research paths support a broader look
at recovery from the inside out.

BUILD BACK WITH PURPOSE.

— Research combination only. Results may vary. —

FOR RESEARCH PURPOSES ONLY. Not for human consumption.

SUPER FUEL
— YOUR LIFE —

BETTER TOGETHER

ULTIMATE RENEWAL STACK

BPC-157 + TB-500 + KPV + GHK-CU

RECOVER. REPAIR. RENEW.



BPC-157
GUT + TISSUE



TB-500
MOVEMENT +
RECOVERY



KPV
GUT + CALM



GHK-CU
COLLAGEN +
BEAUTY

FOUR RESEARCH PATHS. ONE WHOLE-BODY VIEW.

Support for recovery, movement, gut health, collagen
and graceful aging research.

RENEW FROM THE INSIDE OUT.

Research combination only. Results may vary.

FOR RESEARCH PURPOSES ONLY. Not for human consumption.

SUPER FUEL
— YOUR LIFE —

» BETTER TOGETHER «

BEAUTY INSIDE + OUT

GHK-CU INJECTABLE + GHK-CU TOPICAL + NAD+

SUPPORT YOUR BEAUTY FROM BOTH SIDES.



GHK-CU INJECTABLE
COLLAGEN + REPAIR



GHK-CU TOPICAL
DAILY SKIN SUPPORT



NAD+
ENERGY + HEALTHY AGING



WHY TOGETHER?

Topical care supports the outside.
Peptide and cellular research looks within.



CARE FOR THE SKIN. SUPPORT THE CELLS.

Research combination only. Results may vary.

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